

**To observe the fast of complete purity and surrender the  
consciousness of "I" means to celebrate Shiv Jayanti.**

Today, Father Shiva has especially come to celebrate the *birthday* of His saligram children. You children have come to celebrate the Father's birthday and BapDada has come to celebrate the children's *birthday*, because the Father has a lot of love for you children. As soon as the Father incarnates, He creates the sacrificial fire and a sacrificial fire cannot be completed without Brahmins. This is why this *birthday* is alokik, unique and lovely. There has never been any other *birthday* throughout the whole cycle where the birthday of the Father and the children is on the same day, nor can it ever be possible. The Father is incorporeal. On the one hand, He is incorporeal and on the other hand, we celebrate His birthday. It is Father Shiva alone who does not have a body of His own and this is why He incarnates in the body of Father Brahma, and it is this incarnation that you celebrate in the form of a birthday. So, have all of you come to celebrate the Father's birthday or your own birthday? Have you come to give congratulations or to receive congratulations? This is the promise of remaining together made by the children to the Father. Now, at the confluence age, you have the *combined* company, your incarnation is at the same time, you are carrying out the task of transformation together and you are also returning home together. This is the form of the love of the Father and the children.

Devotees also celebrate Shiva Jayanti, but they simply call out and sing songs. You don't call out. Your celebration means to become equal. To celebrate means to continue to fly with constant zeal and enthusiasm. That is why this is called a festival. A festival means to maintain enthusiasm. So, you are always celebrating, that is, you always maintain your enthusiasm, do you not? Is it all the time or only sometimes? In fact, the breath of Brahmin life is zeal and enthusiasm. Just as you cannot stay without breathing, in the same way, without zeal and enthusiasm, Brahmin souls cannot stay in Brahmin life. You experience this, do you not? Look, you have especially come running from so far away just to celebrate this birthday. BapDada doesn't have as much happiness of His own birthday as He has of the birthday of you children. This is why, BapDada is giving each one of you children platefuls of multimillionfold happiness and congratulations. Congratulations! Congratulations! Congratulations!

On this day, BapDada is also remembering the true devotees a great deal. They keep a fast for just one day whereas you keep a fast of complete purity for your whole life. They keep a fast of food, and you also keep a fast of the food of the mind, which are waste thoughts, *negative* thoughts and impure thoughts. You have kept a firm fast, have you not? The *double foreigners* are sitting at the front. Kumars, speak! Have you kept a firm fast? Is it firm? It is not weak, is it? Maya is also listening. All of you are waving your flags, and Maya is watching you waving your flags. When you keep a fast, of definitely having to become pure, then, to keep this fast means to make your attitude elevated. As your attitude, so your vision, and your actions automatically become like that. So, you have kept such a fast, have you not? Pure and clean attitude, pure and clean vision - when you look at one another, what do you look at? Do you look at the *face* or at the sparkling soul in the centre of the forehead? One child said that when he has to speak to others, or when he has to do something, he has to do that whilst looking at the *face*, and that the vision goes towards that person's eyes. However, sometimes, seeing the *face*, your attitude changes a little. BapDada says: Together with the eyes there is also the forehead. So can you not speak to the soul whilst looking at the centre of the forehead? Now, BapDada is sitting in front of you, so can you tell whether He is looking at your eyes or at your forehead? They are both together. So, look at the *face*, but look at the sparkling star in the centre of the forehead on the *face*. Therefore, keep this fast. You are keeping this fast, but now pay more *attention*. You have to speak whilst looking at the soul: the soul is speaking to the soul. The soul is looking at the soul. Then your attitude will always remain pure, and, together with that, the other benefit is: that as your attitude, so the atmosphere created. By creating an

elevated atmosphere, together with your own effort, service is also done. So, that is *double* benefit, is it not? Create such an elevated attitude that no matter how vicious or impure someone may be, he is transformed by the atmosphere created through your attitude. Let there always be this fast in your awareness and in your form.

Nowadays, BapDada has been looking at the children's *chart*. Instead of creating the atmosphere through your own attitude, sometimes the children become influenced by the atmosphere created by others. What is the reason for that? In their heart-to-heart conversations, children speak very sweet things. They say: I like that one's speciality, I receive a lot of co-operation from that one. However, that speciality is a gift from God. Whatever attainments and specialities you have in Brahmin life, they are Prabhu-prasad (an offering from God), they are God's gifts. So you forget the Bestower and you remember the ones who are the receivers. Prasad (holy offering) is never anyone's *personal* possession. This is called "Prabhu prasad" (special offering received from God). It is not said to be "prasad of So-and-so". You receive co-operation, and that is good, but at least do not forget the Bestower who enables you to receive co-operation. So, are you keeping a firm fast for this *birthday*? Has your attitude changed? Complete purity - this is keeping a real fast and making a promise. So, *check*: You are observing the fast of the big, gross vices, but are you free from their little children? Generally, householders have more love for their grandchildren for than their children. You Mothers have love for them, do you not? So, you have conquered the big forms, but their little, subtle forms do not attack you, do they? For instance, some say: I am not attracted, but I do like it. I like that thing more, but I am not attracted to it. Why do you especially like it? So, *check* that there aren't any traces of impurity left in little forms. Because, from a trace, sometimes, a whole progeny can be created. When any vice comes, whether in a big form or a small form, there is just one word that causes it, and that one word is "I". The "I" of *body consciousness*. Through this one word, "I", there is arrogance or, if there isn't complete *arrogance* then there is anger because the sign of arrogance is that that one is unable to tolerate even one word of insult towards him, and he therefore gets angry. So, devotees offer a sacrifice, but, on this day, whatever limited consciousness of "I" you have, sacrifice that to the Father and finish it. Do not think: I have to do it anyway, I have to become that anyway... do not think about doing it some time in the future. You are powerful. So be powerful and finish it. It is not anything new. How many cycles and how many times have you become complete? Do you remember? It is not anything new. You have become that every cycle. You are becoming what you have already been; you simply have to *repeat* it. You have to create that which is already created and this is why it is called the predestined *drama*. It is already created, and you just have to *repeat* it now, that is, you have to create it. Is this difficult or easy? BapDada believes that you have the blessing of the confluence age - easy effort. Through the blessing of easy effort in this birth, you will automatically attain an easy life for 21 births. BapDada has come to liberate every child from labouring. You have worked hard for 63 births. Therefore, now, with God's love in this one birth, become free from labouring. Where there is love, there is no labour, and where there is labour, there is no love. So, BapDada is giving you the blessing of being an easy effort-maker, and the way to become free is love - love for the Father from your heart. Be absorbed in love and the great instrument (yantra) is the mantra of manmanabhav. So use this instrument. You know how to use it, do you not? BapDada has seen how, through God's love at the confluence age, you have received so many powers and virtues, so much knowledge and happiness. Therefore, use all of these treasures and gifts from God at the right time.

So, did you hear what BapDada wants? That each child should be an easy effort-maker; easy and also intense. Use determination. I have to become that; if I don't become that, who will? I was that, I am that and I will be that every cycle. You definitely have to adopt such firm faith in yourself. Do not say that you will do it at some point; you definitely have to do it. It has to happen. It is already accomplished.

BapDada is pleased to see the children of this land and abroad. However, He is not just seeing you children who are personally in front of Him, He is also seeing all the children everywhere, of this land and abroad. The *majority* of birthday greetings have come from everywhere: Baba has received *cards, e-mails*, and also thoughts from the heart. The Father sings songs of the children and you also sing, do you not: Baba, You performed wonders. Therefore, the Father also sings the song: Sweet children performed wonders. BapDada always says that you are sitting personally in front of Baba, but those who are sitting far away are sitting in BapDada's heart. Today, in the thoughts of the children from everywhere, there was just: Congratulations! Congratulations! Congratulations! This sound was reaching BapDada's ears and the thoughts were reaching His mind. These are not just *cards*; *cards* are just the name's sake, the letters are just the name's sake. However, they are very great *gifts*, even greater than diamonds. All of you are listening and are becoming pleased. So you have all celebrated your birthday. Whether you are two years old or one year old or one week old, this is the *birthday* of the establishment of the yagya. All Brahmins are residents of the yagya. This is why BapDada is giving all the children lots and lots of love and remembrance from His heart, together with blessings. Always continue to be sustained with blessings and continue to fly. It is easy to give and receive blessings, is it not? Is it easy? Those who feel it is easy, raise your hands! Wave your flags! So, you don't let go of these blessings, do you? The easiest effort of all is to give blessings and receive blessings. Yoga is included in this, knowledge is included in it, dharna is included in it and service is also included in it. All four *subjects* are included in giving blessings and receiving blessings.

**Double Foreigners:** So, *double foreigners*, it is easy to give and receive blessings, is it not? Is it easy? Those who have been in knowledge for 20 years since you first came here, raise your hands! It is 20 years that you have been coming, but BapDada is giving you all multimillionfold congratulations.

From how many countries have the children come? (From 69 countries). Congratulations! You have come from 69 countries to celebrate the 69<sup>th</sup> birthday. It is so good. There wasn't any difficulty in coming here, was there? You came here easily, did you not? Where there is love, there is no labour. So, what special blessing of today will you remember? Easy effort-makers. Anything that is easy is done quickly. Work that requires a lot of effort is difficult and therefore takes *time*. So, who are all of you? Easy effort-makers. Say it! Remember it! When you return to your countries, do not get engrossed in labouring. When you have any work to do that requires labour, then say from your heart, "Baba, my Baba!" and the labour will finish. Achcha. You have now celebrated, have you not? The Father celebrated and all of you also celebrated. Achcha. Speak! The *double foreigners* have had 6 separate bhatthi-groups.

**Kumaris:** Each kumari is greater than a 100 brahmins. So *check* the memorial that is remembered. Each one of you kumaris definitely has to create at least 100 Brahmins. Will you create them? Are you going to do this? If yes, then wave your hand. In how much time will you create them? Time is close, and so tell Baba how much time you need. You will then have to send the *result* to Baba. (In one year.) One year? Do you want to stay in the iron-aged world for one year? OK, may you have a gulab-jamun in your mouth (May what you say happen practically.) So in 6 months create 50, and in one year create 100. So in 6 months create 50, and after 6 months send your *report*. Do you like that? What can you not achieve? You can achieve whatever you want. It is good. The *group* of kumaris is good. BapDada is especially pleased to see the kumaris because they can become *number one* co-operative in service. Achcha. You have done very well.

**Kumars Group:** (They sang a song: I am Baba's and Baba is mine.) It is good. Kumars have become *double* kumars. You are kumars in terms of the world and in this Brahmin life, too, you are Brahma Kumars, so you are *double* kumars. So, you have to do *double* the work! You will do it. It is already

accomplished. You had a determined thought and success is already guaranteed. Achcha. All of you have created a very good *banner*.

**Mothers Group:** Very good. BapDada is seeing that the mothers have very good zeal and enthusiasm. This is why BapDada has made the mothers instruments. Very good. BapDada likes that.

**Half-kumars:** The half-kumars will also perform wonders. Each one of you half-kumars has to relate the experience of your transformation and bring everyone close to the Father, because people of the world think that the life of a half-kumar is very difficult. However, all of you have made the difficult easy. That is all. Simply continue to relate your experiences and, in this way, you can erase that which they think to be difficult. By bringing about transformation of one word, from a householder to a *trustee*, anything difficult becomes easy. So, in this way, the half-kumars have attained success in service and will continue to attain it. Achcha.

**Couples:** (They displayed their banner.) You have made a good *symbol* of Vishnu. You are amongst the victorious jewels. Whilst living together, you are detached and loving. BapDada says of the couples: You are loving and detached like lotus flowers. In the corporeal form, you live together as families, but in your mind, you always remain with the Father. Very good. All the *double foreigners* have received very good *refreshment*. You now have to give others the *refreshment* you have received. Congratulations! Congratulations!

**Centre residents:** (Banner – We will keep the light of love and mercy ignited.) You have had a very good thought. Have the vision of mercy for yourself, have merciful vision for your companions and also merciful vision for everyone else. God's *love* is a magnet, so, you have the magnet of God's *love*. You can make any soul belong to the Father with this magnet of God's love. BapDada especially gives blessings from His heart to all those who are living at the *centres* because all of you have glorified Baba's name in the world. You have spread the name of Brahma Kumaris to every corner, have you not? And the thing BapDada likes best of all is that, just as you are *double foreigners*, so, you also carry out *double jobs*. The *majority* of you have a *lokik job* and also do an *alokik job*. And BapDada sees - BapDada's TV is very big - there isn't such a big TV here - how you have *class* very quickly, how you have your breakfast whilst standing and how you reach your work place on time. You perform wonders. Seeing all of this, BapDada continues to give you love from His heart. Very good. You have become instruments for service and, as a *gift* for being an instrument, the Father continues to give you special *drishti*. You have kept a very good aim. You are good and you will remain good and make others good.

**IT Group:** Have you made any new *plans* for service? (We will make the Brahma Kumaris *website* even better so that it can be *used* for the service of revealing BapDada in the world.) Whatever plans you have made, do them *practically* and then write to BapDada with the *result*. Just as those from Africa have written their *result*, similarly, you must all also send your *results*. Congratulations! You have made plans, you have zeal and enthusiasm. Where there is zeal and enthusiasm, there is definitely success there. You have done very well.

**This time, it is the turn of Rajasthan and U.P. zone to serve everyone:** It is good. This is a spiritual army. Very good. You have served from your heart and made everyone content. When you make others content, the waves of contentment from them reach your heart and this brings a lot of happiness. So, you have received a lot of happiness, have you not? You did physical service and all the brothers and sisters gave you the gift of happiness. Contentment is the greatest nourishment of happiness. The whole *group* have become jewels of contentment. You are the jewels of contentment who make others content.

Congratulations, congratulations, congratulations from BapDada and the whole family to the jewels of contentment. Achcha.

The mothers from Bharat are seeing that Baba did not mention them. BapDada says: Wherever the mothers are, their speciality is that they make the bhandara (kitchen) and the bhandari (Baba's box) there full. The mothers have this blessing of creating a lake, drop by drop. So, you mothers are very fortunate; you fill the Father's bhandari and the bhandara also becomes full. This is why Baba is giving many, many congratulations to you mothers. Achcha.

The brothers are no less. Look, wherever the brothers are, the service there is enhanced by 4 moons (It is a saying - service flourishes). *All-round* service is done through the brothers. The mothers make the bhandara full, but it is especially the brothers who become instruments for increasing service. So, it is the brothers who increase the beauty and sparkle of service. This is why BapDada is giving many, many congratulations to all the mothers and the brothers. You are welcomed into your own home. Look, who increases the beauty of this *hall*? When all of you children come, the *Diamond Hall* becomes a *diamond*. The scene is very beautiful. It is good. Dadiji loves the *Diamond Hall* a lot. She makes everyone dance very well. You become happy, do you not? You become happy when Dadiji makes you all dance. Very good. Now, are you able to perform *drill* in one *second*? You are able to do this, are you not? Achcha.

To all the elevated children everywhere who always maintain zeal and enthusiasm, to all the easy effort-making children who have received the blessing of the confluence age, to those who say, "I, the soul", with the awareness of the soul being with the Father, to those who give all souls the co-operation of creating the atmosphere through their attitude, to such *master* almighty authority children, BapDada's love, remembrance, blessings, congratulations and namaste.

**To the Dadis:** You are all the beauty and sparkle (ronak) of Madhuban. All of you also especially incarnated with the Father on this day. It is especially the incarnation of all of you because the original jewels incarnated at the beginning. So, special congratulations to all of you. It is your *Happy birthday*. There is the song: You are the beauty of Madhuban. Since the beginning, many have gone away but you have remained immortal. (It is with the blessings of Baba and everyone.) It is good that your hand is always pointing upwards and never comes down. It is good. It is good. Everyone is very happy when they see the Dadis.

**To Brother Nirwair and Brother Ramesh:** It is good. There cannot be salvation without the Pandavas. Whether it is Pandavas or the Shaktis, the gathering of everyone is keeping the gathering going.

**To the senior sisters from abroad:** All of you have made good effort. You have made *groups* and worked hard. Here, the atmosphere is good and there is also the power of the gathering and in this way, everyone receives very good *refreshment* and you become the instruments. It is good. You all live far away from one another and so the power of the gathering is also very good. Such a big family gets together, and so, of course, each one's speciality makes an impact. You have made a good *plan*. BapDada is pleased. You take the fragrance of everyone. They become happy and you receive the blessings. It is good that all of you get together. You are able to exchange ideas with one another and *refreshment* is also received. You like the specialities of one another, and by your *using* them, the gathering also becomes good. This is good.

**To Jayantiben:** You have now taken some *part* in service because you receive happiness and also everyone's blessings. This will also work like medicine. Very good.

**To Dr. Nirmala who is going to Sri Lanka for a retreat:** It is good; they need that *refreshment*.  
To Sister Kiran from Kathmandu Nepal: You are a conqueror of matter, you are a Shiv Shakti. This is a little karmic account; everything will be cleared. Remain strong, and now, also give remembrances to the residents of Nepal. Do not be afraid.

**BapDada hoisted the flag of Shiva with His own hands and gave greetings for the 69<sup>th</sup> Shiva Jayanti:**  
The flag of the Father's remembrance is hoisted in the hearts of all of you. Now, there has to be success in the service that you are doing in all corners of the world, and the sound will emerge from everywhere, "My Baba has come!" This is the One, this is the One, this is the One. That day is not far. It has to come. It has to happen. It is already accomplished. Such *mikes* are being prepared. You will give *might* and those *mikes* will reveal BapDada. You have to do this, do you not? (Seeing a *VIP mike* in the gathering), BapDada said: This *mike* is sitting here. She is a good *mike*. Such *mikes* will emerge that you will just have to give drishti. That day is coming, it is coming, it is coming. Achcha.

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